



RESTORE ABA & SPEECH THERAPY

ABA Therapy

Building Meaningful Skills for Everyday Life

Sydney · Brisbane · Melbourne · In-home & Telehealth

Applied Behaviour Analysis (ABA) is an evidence-based approach that uses principles of learning and behaviour to help individuals develop meaningful skills and increase independence.

At Restore, ABA is individualised around the participant's strengths, preferences, communication needs, environment and personally meaningful goals.

ABA is not limited to individuals who demonstrate behaviours of concern. It can also be used to teach functional skills that support greater independence and participation.

What ABA can
support

How it works

Who provides ABA

Your ABA team

Enquire

What Can ABA Therapy Support?

Depending on individual needs and goals, ABA may support:

- Functional communication
- Daily living and self-care
- Social and interaction skills
- Independence
- Learning and skill acquisition
- Following routines
- Transitions
- Emotional and behavioural regulation
- Safety skills
- Community participation
- Play and leisure
- Functional replacement skills
- Generalisation of skills across environments
- Reduction of barriers that interfere with meaningful participation



How Does ABA Therapy Work?

- 1 Initial Consultation**
We begin by learning about the participant's strengths, needs, preferences, environment, existing supports and goals.

- 2 Assessment**
An appropriately qualified clinician gathers information through assessment, observation, interviews and review of relevant information.

- 3 Individualised Goals**
Meaningful and measurable goals are developed collaboratively with the participant and, where appropriate, their family or support network.

- 4 Individualised ABA Program**
The supervising clinician develops an intervention program using appropriate evidence-based behavioural strategies.

- 5 Regular Therapy**
Where appropriate, trained ABA or behaviour therapists may work directly with the participant to implement clinician-developed programs.
Sessions may occur regularly depending on assessed needs, goals and service arrangements.

- 6 Data & Progress Monitoring**
Relevant information and clinical data are collected to determine whether strategies are effective and whether progress is occurring.

- 7 Clinical Review**
The supervising clinician reviews progress and modifies goals and intervention strategies when appropriate.

- 8 Family & Support-Team Collaboration**
With consent, we may collaborate with families, carers, educators and other professionals to support consistency and generalisation of skills.



Who May Provide ABA Services?

Behaviour Analyst

Clinical oversight may be provided by an appropriately qualified behaviour analyst.

Possible educational backgrounds include:

- Master's degree in Applied Behaviour Analysis
- Master's degree in Special Education with relevant behavioural training
- Master's degree in Education with ABA specialisation
- Other relevant postgraduate behavioural qualifications
- Master's degree in Psychology or Behavioural Science

Professional credentials may include QBA, BCBA, CBA or other relevant behaviour-analysis credentials, subject to the practitioner's Australian scope and service requirements.

The Behaviour Analyst may be responsible for:

- Assessment
- Data analysis
- Staff training
- Goal development
- Clinical decision-making
- Clinical supervision
- Program design
- Caregiver consultation
- Progress review

Who May Work With the Participant Regularly?

ABA / Behaviour Therapist

A trained ABA or Behaviour Therapist may provide regular direct implementation of programs developed and supervised by the appropriate clinician.

Possible educational backgrounds may include:

- Psychology
- Special Education
- Allied Health
- Behavioural Science
- Child Development
- Relevant certificate or diploma-level studies
- Applied Behaviour Analysis
- Disability Studies
- Education
- Social Sciences

Restore may also require competency-based training in ABA principles, data collection, skill acquisition, safeguarding, participant rights and individualised intervention.



How the ABA Team Works

Behaviour Analyst

Assessment → Goals → Program Development → Clinical Oversight



ABA / Behaviour Therapist

Regular Implementation → Skill Practice → Data Collection → Feedback



Behaviour Analyst

Progress Review → Clinical Decisions → Program Modification

Learn More / Enquire About ABA Therapy

Talk with our team about goals, eligibility and how ABA could support you or the person you care for.

Enquire About ABA Therapy

Visit restoreaba.com.au

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