



RESTORE ABA & SPEECH THERAPY

# Specialist Behaviour Support

Understanding Behaviour and Creating Meaningful Change

Sydney · Brisbane · Melbourne · In-home & Telehealth

Behaviour communicates information about an individual's needs, environment and experiences.

Restore's behaviour support approach focuses on understanding the reasons behaviours of concern occur and developing person-centred strategies that promote safety, independence, participation and quality of life.

What's included

How it works

Who provides it

Who implements it

Enquire

## Behaviour Support May Include

- Functional Behaviour Assessment
- Understanding behaviours of concern
- Identifying contributing environmental factors
- Positive Behaviour Support
- Proactive strategies
- Functional replacement skills
- Environmental modifications
- Behaviour Support Plans
- Family and support-team education
- Implementation support
- Data collection and monitoring
- Ongoing review

### Restrictive practices

Where restrictive practices are involved, additional NDIS behaviour-support and restrictive-practice requirements apply.



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## How Does Behaviour Support Work?

- 1 Referral & Consultation**  
We learn about the participant, behaviours of concern, current environment, priorities and existing supports.

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- 2 Behaviour Assessment**  
The Behaviour Support Practitioner gathers information through appropriate assessment methods.

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- 3 Understanding Behaviour**  
Assessment information is analysed to develop an evidence-informed understanding of the factors contributing to the behaviour.

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- 4 Behaviour Support Planning**  
Where appropriate, an individualised Behaviour Support Plan is developed.

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- 5 Implementation**  
Strategies are introduced within relevant everyday environments.

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- 6 Training & Collaboration**  
Families, carers, support workers and other relevant people may receive guidance regarding implementation of the plan.

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- 7 Monitoring & Review**  
Progress is monitored and strategies are adjusted according to the participant's needs and outcomes.



## Who May Provide Specialist Behaviour Support?

### NDIS Behaviour Support Practitioner

Specialist Behaviour Support should be provided by an appropriately qualified practitioner who meets applicable NDIS requirements for the role and scope in which they practise.

Possible professional or educational backgrounds may include:

- Behaviour Analysis
- Psychology
- Occupational Therapy
- Speech Pathology
- Social Work
- Education or Special Education
- Developmental or Behavioural Science
- Other relevant allied-health or human-services disciplines

*A degree or credential alone does not automatically establish suitability to provide NDIS Specialist Behaviour Support.*

## Who May Help Implement the Plan?

### Behaviour Support Implementer / Support Worker

Depending on the participant's circumstances, strategies may be implemented in everyday environments by appropriately trained:

- Disability support workers
- Behaviour therapists
- Carers
- Family members
- Educators
- Other relevant members of the support team



## Where Responsibility Sits

### Behaviour Support Practitioner

Specialist assessment → Behaviour Support Plan → Clinical decisions within scope → Monitoring and review



### Implementers — support workers, carers, family, educators

Trained to apply the plan → Strategies used in everyday environments → Feedback to the practitioner

These individuals do not become Behaviour Support Practitioners simply by implementing a Behaviour Support Plan.

The appropriately qualified Behaviour Support Practitioner retains responsibility for specialist assessment, behaviour-support planning and relevant clinical decisions within their scope.

## Learn More / Enquire About Behaviour Support

Talk with our team about referrals, NDIS requirements and how behaviour support could work for you or the person you care for.

[Enquire About Behaviour Support](#)

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### Sydney

New South Wales  
In-Home Services  
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### Brisbane

Queensland  
In-Home Services  
Telehealth

### Melbourne

Victoria  
[Level 27, 101 Collins Street,](#)  
[Melbourne VIC 3000](#)  
In-Home Services  
Telehealth